

Praying Through the Sanctuary

PURPOSE OF THE SANCTUARY

The **sanctuary in heaven is the very centre of Christ's work in behalf of men**. It concerns every soul living upon the earth. It opens to view the plan of redemption, bringing us down to the very close of time, and revealing the triumphant issue of the contest between righteousness and sin. **It is of the utmost importance that all should thoroughly investigate these subjects**, and be able to give to everyone that asketh them a reason for the hope that is in them. {RH, November 9, 1905 par. 11 or GC 488, 489}

The great plan of redemption, as revealed in the closing work of these last days, should receive close examination. The scenes connected with the sanctuary above **should make such an impression upon the minds and hearts of all that they may be able to impress others. All need to become more intelligent in regard to the work of the atonement, which is going on in the sanctuary above**. When this grand truth is seen and understood, those who hold it will work in harmony with Christ to prepare a people to stand in the great day of God, and their efforts will be successful. **By study, contemplation, and prayer** God's people will be elevated above common, earthly thoughts and feelings, and **will be brought into harmony with Christ and His great work of cleansing the sanctuary above from the sins of the people**. Their faith will go with Him into the sanctuary, and the worshipers on earth will be **carefully reviewing their lives and comparing their characters** with the great standard of righteousness. They will **see their own defects**; they will also see that **they must have the aid of the Spirit of God** if they would become qualified for the great and solemn work for this time which is laid upon God's ambassadors. {5T p.575.1}

THE SANCTUARY LINKS US WITH HEAVEN

Rev. 11:19 - There is a temple in heaven.

Heb. 8:1, 2 - Christ is the High Priest of the heavenly sanctuary.

Heb. 7:24, 25 - Because of this, He is able to save completely those who come to God by Him.

Heb. 8:10, 11; 10:14-17 - His work results in the fulfilling of the new covenant promise to write the law in our hearts and cause us to know the Lord.

Heb. 9:24 - Christ entered into heaven itself to appear in the presence of God for us.

Heb. 10:19-22; 4:15, 16 - Because of this, we are to enter into the presence of God by the blood of Jesus.

1 Pet. 2:5, 9 - through Christ, God's people are priests, and are to offer up spiritual sacrifices.

How can God's earthly priests cooperate with the great work that is being carried forward by our High Priest in heaven? By entering in daily with Him, first **in our own lives**, and then **in ministry for others**, in that order. Daily death to self, regeneration, infilling of the Holy Spirit, strength from God, and communion with Him are indispensable to our spiritual life and witness. This is what **Christ is providing for us by His ministry**. Are we cooperating as fully with Him as is our privilege? The OT priests were **very careful** in the way they **approached and served God**. God **gave to them in symbol the pathway into the presence of God**. As long as we are sinners, this pathway will not change. Our lack of understanding and applying this is perhaps the cause of our lethargy and lack of spiritual power. Let us cease presuming upon His mercy, and come to Him daily in the beautiful way of the sanctuary.

ENTERING THE SANCTUARY RELATIONSHIP

Preparation: Allow God to awaken you in the morning - respond to His timing for your worship. This is what Jesus did, and His example is for us (Isa. 50:4, 5). Other morning promises: Ps. 5:3; Ezek. 12:8; Lam. 3:22, 23; Isa. 33:2; Zeph. 3:5; Job 7:18; Ps. 90:14

"Christ was **continually receiving** from the Father that He might communicate to us....In the early hours of the new day the Lord awakened Him from His slumbers, and **His soul and His lips were anointed with grace** that He **might impart to others**. His words were given Him fresh from the heavenly courts, words that He might speak in season to the weary and oppressed." {COL p.139.1}

"He was wholly dependent upon God, and in the **secret place of prayer He sought divine strength**, that He might go forth braced for **duty** and **trial**. {DA p.362.4}

"As a man He supplicated the throne of God 'till His humanity was charged with a heavenly current that should connect humanity with divinity. Through continual communion He received life from God, that He might impart life to the world. His experience is to be ours." {DA p.363.1}

"Christ in His life on earth made no plans for Himself. He accepted God's plans for Him, and day by day the Father unfolded His plans." {MH 479.1}

"Daily He received a fresh baptism of the Holy Spirit." {COL p.139.1}

"Vital energy is imparted to the mind through the brain." {Te p.74.1}

"He prayed not for Himself, but for those whom He came to save. As He became a suppliant, seeking at the hand of His Father fresh supplies of strength, and coming forth refreshed and invigorated as man's substitute, He identified Himself with suffering humanity and gave them an example of the necessity of prayer." {4T p.528.1}

God is calling us to have an experience that is far, far above that of what we are experiencing at the moment.

- He wants us to walk with Him, just as Enoch and Daniel walked with Him.

Since 1844 we have had the open invitation of heaven to enter into the sanctuary, including the second apartment, with Jesus.

- Let us accept His gracious invitation at once, and let Him introduce us to the glories of living in His presence even now.
- "Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him. But God hath revealed them unto us by his Spirit..." (1 Cor. 2:9, 10).
- And this is the relationship that Jesus offers to Laodicea if they will open their heart's door and let Him come in.

The purpose of this booklet is to help you come back into full intimacy with God and know the way to become the Remnant of God. We have to be restored into His image, now, before probation closes and it is too late.

Praying Through the Sanctuary

God wanted to teach the Israelites about Himself so He revealed to them the Sanctuary plan.

- In it the **plan of salvation** is revealed. Ps 77:13 Thy way, O God, is in the sanctuary:
- In it He shows the **correct way to approach Him**.
- He shows us how He wants to have **an intimate relationship with us**
- It is an illustration of how He **plans to save each human**
- You can get **many other lessons out of the Sanctuary** (*will not cover these here*)
- **The Sanctuary is a visual textbook, a pattern or template of the plan of Salvation.** If you understand the Sanctuary, you can understand the whole Bible

Describe how the Sanctuary was set up

- We have **chosen to leave Egypt**
- We have **wandered about in the wilderness** for far too long
- We **have chosen to come to God and dwell with Him in His Sanctuary**

This study today concentrates on how we can use the steps in the sanctuary.

- **As a suggested order to prayer.**
- There are many aspects to the Sanctuary that we will not have time to cover.
- We will just touch on some –you may think of others yourself as you contemplate this topic.

The sanctuary can be used as a model for you to improve your prayer life

- Then this can help you **learn to speak to God intimately**
- Use this prayer as a **prayer pattern, selecting or omitting** parts you choose
- **Texts and SOP quotes** can be used and added into the prayer structure
- One day you **may spend more time at one step** than on **other days**
- This prayer may take a **few minutes** (using high points) or a **few hours**
- **Underline points** that impress you and mean something special to you

By walking through the sanctuary in our minds, by contemplating and visualising each scene, each piece of furniture, each action of the priests, this can become a model for our personal prayers.

- It will **bring our prayers to life**
- It is not the only way to pray. If you have a different way to pray, continue to do so – this is a **suggestion** only. Choose parts of this prayer that pertains to you
- It will give you **something to talk to God about**
- It will **focus** the mind and **give order** and **structure** to your prayers
- By learning the steps, we can **know the path to the throne of God**
- We must **know the way of escape now**
- We will **need a hiding place** in preparation for the trouble ahead

Pray aloud, the spoken word has power over Satan.

At the sound of fervent prayer, Satan's whole host trembles. {1T 345.3}

- Helps keep our minds from wandering
- Helps influence and re-program our minds

Ps 5:3, 18:6, 55:16,17; 66:19

STEP #1 - Begin our worship with praise to God.

Ps. 100:4 - "Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name."

Thanksgiving - Personal recognition and joyful response to God's lordship in our lives, and specific verbal appreciation for blessings received.

Praise - Reverent adoration for who God is - His holiness, His character and attributes which call forth our faith, worship and willing obedience.

Heb. 13:15 - Praise is a spiritual sacrifice.

Ps. 50:23 - Praise prepares the heart for worship and communion with God.

Ps 54:6 - Sacrifice of praise is voluntary

Ps. 104:33 - Praise is part of our meditation and worship.

Ps. 69:30, 31 - Praise is pleasing to God.

Ps. 71:14-16 - Praise gets our minds off self and places them upon God and His righteousness only.

Rom. 1:21,22 - A neglect of praise leads us to forget God.

Rom. 2:4 - Recognizing God's kindness leads us toward repentance.

"The gratitude which flows from our lips is the result of the Spirit's striking the cords of the soul in holy memories, awakening the music of the heart." {1SM p.344.1}

"Let words of penitence and grateful praise come up before God as sweet incense in His heavenly sanctuary." {2SM p.272.3}

"If more praising of God were engaged in now, hope and courage and faith would steadily increase." {PK p.202.1}

"Praise the Lord even when you fall into darkness. Praise Him even in temptation. 'Rejoice in the Lord alway,' says the apostle; 'and again I say, Rejoice.'" {2T p.593.2}

"Even in the night of affliction how can we refuse to lift heart and voice in grateful praise, when we remember the love to us expressed by the cross of Calvary?" {5T p.315.3}

"If the loving-kindness of God called forth more thanksgiving and praise, we would have far more power in prayer." {5T p.317.1}

"The melody of praise is the atmosphere of heaven; and when heaven comes in touch with the earth, there is music and song - 'thanksgiving, and the voice of melody.' Isaiah 51:3." {Ed. p.161.1}

"In the inner court of heaven [heavenly intelligences] listen to the testimony of the witnesses for Christ in the outer court on earth, and the praise and thanksgiving from the worshipers below is taken up in the heavenly anthem, and praise and rejoicing sound through the heavenly courts because Christ has not died in vain for the fallen sons of Adam." {6T p.366.1}

ENTER THE GATE – this represents our free choice

There is nothing forced in this experience

Ps 100:4 Enter into his **gates with thanksgiving**, [and] into his **courts with praise**: be thankful unto him, [and] bless his name.

- Each morning, the priests entered the courtyard **reverently**, singing praises to God. Families got ready to worship – all were ready early in the morning
- We **humble** our hearts and realize everything we have is because of God.

Begin prayer with thanksgiving – thanking Him for showing His love for us by meeting our needs, answering our prayers, bringing us comfort in sorrow, bringing us through trials and protecting us

- **Reflect on all the blessings** of God and what He has done for us
- We can be **thankful for many things**:
- **Material** blessings (possessions) – home, food, clothing
- **Physical** blessings – our family, parents, spouse, children, our sight, ability to walk, exercise, life, health etc.
- **Spiritual blessings** – knowledge of Jesus, of truth, the Holy Spirit working in our life, the Scriptures, that we have been redeemed, that we can be called His children, adopted into His family – so many blessings
- **External** blessings – that we can know and experience kindness, love, compassion, mercy, sympathy, honesty, loyalty

We are then to praise God, focus on who He is – read texts, recite psalms, sing

- **Praise is the language of Heaven**
- We remember **His attributes** – Redeemer, King, Saviour, Lord, Counsellor, Healer, faithful, merciful, righteous, His exalted character
- Imagine you are in the presence of the God of the Universe, and **He is interested in you – He wants to save you.**
- Praise Him for His **name**. Ps 115:1
- Praise Him for His **righteousness**. Ps 35:28
- Praise Him for His **infinite creation**. Ps 150:2; 148:5
- Praise Him for His **Word**. Ps 56:10

The Lord desires us to make mention of His goodness and tell of His power. He is honored by the expression of praise and thanksgiving. He says, "Whoso offereth praise glorifieth Me." Psalm 50:23. {COL 298.4}

We also can praise Him by singing or by playing an instrument

- It **doesn't matter what you sound like**
- He gave you your voice
- He created the canary, but He also created the crow
- Give God the glory – it's all about Him

Glory is His character, His merciful kindness, His tender love... revealed to all mankind. PK 313

We also can praise Him by doing our best in whatever we are doing

- My best and your best may be different, but if done to His glory, it is acceptable to Him

STEP #2 - Confession of sin; humbling ourselves, emptying ourselves, laying all our cares and burdens upon Jesus

Rom. 12:1, 2 - We are to present our bodies and minds as a living sacrifice to God.

Rom. 6:6-8 - We are to be crucified with Christ

1 Cor. 15:31 - This experience is to be daily.

Phil. 2:8 - Christ humbled Himself and became obedient to the death of the cross.

Prov. 15:33 - Before honour is humility.

Ps. 51:17 - The sacrifices of God are a broken spirit, a broken and contrite heart

Jas. 4:6-10 - Humble yourselves in the sight of God and He will lift you up.

1 Pet. 5:5-7 - Humble yourselves- God resists the proud and gives grace to the humble.

Prov. 16:3 - Commit your works unto the Lord and your thoughts will be established.

2 Cor 7:1 - cleansed from all filthiness of flesh and spirit

Self is the most difficult thing we have to manage. In laying off burdens, let us not forget to lay self at the feet of Christ. Hand yourself over to Jesus, to be molded and fashioned by Him, that you may be made vessels unto honour. Your **temptations**, your **ideas**, your **feelings**, must all be laid at the foot of the cross. Then the soul is ready to listen to words of divine instruction. Jesus will give you to drink of the water which flows from the river of God. Under the softening and subduing influence of His Spirit your coldness and listlessness will disappear. Christ will be in you a well of water, springing up into everlasting life. . . . {UL p.218.5}

"There is a need today of such a revival of true heart religion as was experienced by ancient Israel. Repentance is the first step that must be taken by all who would return to God. No one can do this work for another. We must individually humble our souls before God and put away our idols. When we have done all that we can do, the Lord will manifest to us His salvation." {PP p.590.2}

"It is one thing to assent in a general way to the agency of the Holy Spirit, and another thing to accept His work as a reprover calling to repentance. Many feel a sense of estrangement from God, a realization of their bondage to self and sin; they make efforts for reform; **but they do not crucify self. They do not give themselves entirely into the hands of Christ, seeking for divine power to do His will.** They are not willing to be molded after the divine similitude. In a general way they acknowledge their imperfections, **but they do not give up their particular sins.** With each wrong act the old selfish nature is gaining strength. {COL p.48.2}

"As soon as we consent to give sin up, to acknowledge our guilt, the barrier is removed between the soul and the Saviour." {1SM p.325.3}

"Today you are to **have your vessel purified**, that it may be ready for the heavenly dew, ready for the showers of the latter rain; for **the latter rain will come, and the blessing of God will fill every soul that is purified from every defilement.** It is our work today to yield our souls to Christ, that we may be fitted for the time of refreshing from the presence of the Lord - fitted for the baptism of the Holy Spirit." {Ev p.701.4}

"The people of God must move understandingly. **They should not be satisfied until every known sin is confessed;** then it is their **privilege and duty to believe that Jesus accepts them.**" {1T p.167.1}

THE ALTAR OF SACRIFICE – we admit problem and need His help

This altar represents the sacrifice of Jesus on the cross

- This is where **we confess sins** we have **actually committed or thought**
- We have to **be specific here, naming them as they come to our mind**
- **This is where many of us fail** – during the day we may have **carelessly said or done something** (even rolled our eyes or shrugged our shoulders or lusted after something) and then **we forget** that we have done them – **these sins then slip from our mind, but they are still on our record in heaven**
- **God wants us to acknowledge each specific sin**

God heals - only as **we repent, confess and forsake, and are cleansed.**

- Claim **Bible promises for forgiveness** 1 Jn 1:9, Gal 2:20, Rom 12:1,2
- **God has given us the answer to any problem** we may have
- He wants us to **come to the foot of the cross**, the lower we are, the better
- **As you are praying, imagine Jesus hanging on the cross**
- **1 John 1:9** If we **confess** our sins, He is faithful and just to **forgive us** our sins and to **cleanse us from all unrighteousness**
- God wants us to **realize the enormity of our sins** and bring them to Him

Talk to God about the sins that so easily beset us and ask for victory over them, we must humble ourselves, admit what we really are

- Confess **any known sin** to God and ask forgiveness
- Ask to **reveal any sin that is hidden from me** (search my heart. Ps 139:23,24)
- **God will allow trials in our lives so that we may be able to see the roots that Satan has planted in our subconscious mind** (see roots of bitterness list)
- God know our **weaknesses** – we need to be sure what they are – we often don't
- Sometimes we are **so blind** to our actions and behaviour, **we excuse** it away
- **Appetite, our temptations, love of display, our ideas, love of the world, our feelings, dwelling on our imperfections** – lay at the foot of the cross,

Choose to be a living sacrifice [Rom 12:1,2], **surrender today, this is where we climb up and place self on the altar, this is our cross**

- We can **do nothing to make ourselves better**, have to come just as we are
- We have to **avoid procrastination, and excusing ourselves**
- We **need a hatred for sin**, it's **not naturally** in us – we like sin
- Live wholly for Him – **physically** (food, exercise, dress, how we spend our time)
mentally (bringing every thought into captivity)
spiritually (having wrong spirit eg annoyance, bitterness)
- But living sacrifices can get up off the altar – we **have to choose to stay surrendered - crucify self (called self denial)**
- The cross is about Christ and His sacrifice, but our **small part** is very **important**

Resist Satan

- **Satan will attack** and try to make us sin, he will try to stop us from confessing
- He also can **put on us a hopelessness, we will never be saved**, too bad
- **Ask God to drive away the darkness, inability to focus our minds**
- **Satan will try to put thoughts in our minds** which we **must resist**

STEP #3 - Feeding upon portions of the word of God that are specifically applicable to your need for that day, as brought before the Lord in step #2.

Read it, meditate upon it, pray it back to the Lord, let it's precepts wash through your mind, and, empowered by the cleansing agent of the Holy Spirit, purify your heart of sin.

Titus 3:5, 6 - We are saved by the washing of regeneration, and renewing of the Holy Ghost.

Eph. 6:17 - The word of God is the sword of the Spirit.

Ps. 119:9, 11 - The word, taken in and obeyed, is a cleansing agent and keeps us from sin.

2 Cor. 7:1 - The promises cleanse us from all filthiness of the flesh and spirit.

Eph. 5:26; John 15:3 - Jesus cleanses His church by His word.

John. 13:10 - the foot-washing service is a symbol of this cleansing in the NT.

Rev. 1:5 - Jesus washes us from sin in His blood.

Heb. 10:19-22 - Because of the blood of Jesus and His high priestly ministry, we can draw near "in full assurance of faith, having our hearts sprinkled from an evil conscience, and our bodies washed with pure water."

Exod. 30:17-21 - In the OT, the priests had to prepare by washing their hands and feet in the laver, or they would die.

Jas. 4:8 - In the NT, we are to cleanse our hands and purify our hearts in order to come before God prepared for communion and service.

(Baptism, of course, is another NT symbol of this cleansing, but this is a daily experience as we die daily and renew our walk with the Lord in ongoing growth and commitment.)

I Pet. 1:23 - We are born again by the word of God

Col. 3:9, 10 - When we put off the old man with his deeds, we put on a new man which is renewed in knowledge (through the word) after that of our Creator.

NOTE: I find it especially helpful during this process to confess my sinful characteristics as I see them described in the word of God and am impressed by the Holy Spirit to see how these apply to my life. Then I find passages that describe Christ's life and attitudes, and I meditate upon these and ask that these be implanted in my heart and mind by the Holy Spirit. I memorize these and focus upon these characteristics and ask God to live out these things in my life that day. Some passages that I like best are:

Heb. 12:1-15; 1 Pet. 2:15-25; 1 Pet. 3; Phil. 2:1-15; Col. 1:9-14; Rom. 6, 8, & 12.

Steps 1 - 3 prepare us to enter into the 1st apartment phase of our worship, for, as Ps. 24:3-5 says: "Who shall ascend into the hill of the Lord? or who shall stand in his holy place? He that hath clean hands, and a pure heart;..." Only as we come with confession and humbling of heart and cleansing through the blood of Jesus and His word are we prepared to ask for and receive the outpouring of the Holy Spirit for that day.

"Everyone must now search the Bible for himself upon his knees before God, with the humble, teachable heart of a child if he would know what the Lord requires of him." {5T p.214.1}

"Not one of us will ever receive the seal of God while our characters have one spot or stain upon them. It is left with us to remedy the defects in our characters, to cleanse the soul temple of every defilement. Then the latter rain will fall upon us as the early rain fell upon the disciples on the day of Pentecost." {5T p.214.2}

LAVER – representing the new birth experience

The laver provided water for washing the hands and feet of the priests.

- They had to be clean before entering the Holy Place, or offering any of the sacrifices.
- After **confessing** my sins at the bronze altar, Jesus **forgives** me and at the laver they are **washed away**.
- In our daily life we need to **wash many times a day**, (especially our hands), **daily contact with the world contaminates us**.
- To remain **continually clean**, we must **continually wash in the living water**.

The Bible speaks of three cleansings

- The **blood of the lamb**. This cleansing takes place at the altar. Our sins recorded in the heavenly books are blotted out by His blood. Rev 1:5
- At **baptism** we are cleansed with the living water. Then each day we need to renew our baptismal vows, each day experience the new birth. Rom 6:4
- The **Word of God**. Just as we need to wash daily in our physical lives, so do we need to often wash, spending time in the Word of God. We need His cleansing grace. Eph 5:25-27;6:17; Tit 3:5,6; Ps 119:9,11; 2 Cor 7:1; Jn 15:3, Ps 119:33-40

We look up texts Holy Spirit brings to mind. Heb 12:1-15; 1 Pet 2:15-24; 1 Pet 3; Phil 2:1-15; Col 1:9-14; Rom 6,8,12

- In these texts we may see our sinful characteristics described
- We then ask that **Christ's life and attitude be** implanted in our hearts and mind by the Holy Spirit – **we want a new heart**, a heart **totally surrendered** to Him
- We ask Him to **reveal to us sins and defects that are hidden to us**
 - sin contaminates – leaves not just **dirt**, but **stains**
 - ask Him to **find every crease and spot** where the soil of sin remains
- Ask for **clean hands, pure heart, pure actions, pure thoughts and motives**
- The laver was made from the **mirrors** of the women. This is symbolical of **giving up looking at appearances** – we give up pride, it comes in many forms

Lord, cleanse my body temple – come in and abide with me today, plan and direct my activities today, direct my thoughts and feelings, feel His presence

- Give God our **weakness** – take His **strength**
- Give God our **selfishness** – take His **love** – ask for a heart to serve, to minister
- Give God our **pride** – take His **humility**
- Give God our **sinfulness** – take His perfect **righteousness**
- ***Give Him our guilt – take His forgiveness** (many are oppressed by guilt)

These three steps have great healing power. (Gate, Altar, Laver)

We do **not need to go through years of therapy to be healed**,

- God wants to do it **very fast**, all we have to do is **comply with the conditions**.
- We have entered through the gate **praising and thanking** God.
- We have **received forgiveness** at the altar of sacrifice
- We have been **washed clean** with the living water – **we are born again**

He will not take up His abode with us until the soul-temple has been emptied and cleansed. OHC 55
But we need to continue. Next, by faith, we enter the heavenly sanctuary.

STEP #4 – Candlestick. Become familiar with the various gifts and usages of the Holy Spirit, such as: comfort, guidance, leading into all truth, showing us about Jesus and living His life in us, giving us power for witnessing, etc. Ask God to give you the measure that you will need for that day.

Exod. 25:6 - Oil was used for the lights in the candlestick of the sanctuary.
Exod. 30:7, 8 - The lamps were dressed morning and evening at the time of prayer.
Zech. 4:1-6 - "Not by might nor by power but by my Spirit."
Rev. 4:5 - The 7 Spirits, (or sevenfold Spirit), are blazing before the throne of God.
Rev. 5:6 - Christ has these Spirits, and sends them out to all the earth.
Eph. 3:16-21 - Christ sends us all the fullness of God through His Spirit.
Isa. 11:1-5; 4:4 - The seven aspects of the Holy Spirit are: Wisdom, understanding, counsel, power, knowledge, fear of the Lord (hatred of evil), and judgment, or discernment. Col. 1:9-14; 2:3; Eph. 1:17
Gal. 5:22, 23 - Fruit of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.
1 Cor. 2:6-16 - The Holy Spirit reveals the very mind and thoughts of God.
2 Cor.3:3 - It is the Spirit who writes the law upon the heart, which is the basis of the new covenant in Christ. Heb. 8:6, 10; 10:15, 16
Eph. 4:29-32 - We must not resist Him, for it is He who seals us in our foreheads, or minds, with the character of God. Prov. 1:22-2:11; Rev.7:1-4; 14:1-5
1 Cor. 12:4-7 - From the Spirit we receive spiritual gifts.
Matt. 5:14 - 'Ye are the light of the world.' 16 - "Let your light shine before men."
John 1:9 - Christ is the light that lights every man that comes into this world.
Rev. 1:20 - The seven churches are tended by Christ in His ministry.
John 8:12 - Jesus is the light of the world - if we follow Him we will have light.

Remember! The 5 foolish virgins did not have enough oil in their lamps. They did not avail themselves of the ministry of Christ in preparing for and receiving the outpouring of the Holy Spirit while there was still time. This cannot be done at the last minute. It must be a daily work.

"The measure of the Holy Spirit we receive will be proportioned to the measure of our desire and faith exercised for it, and the use we shall make of the light and knowledge that shall be given to us. **We shall be entrusted with the Holy Spirit according to our capacity to receive and our ability to impart it to others.**" RH May 5, 1896

"Each person has his own light to keep burning; and **if** the heavenly oil is **emptied into these lamps** through the golden pipes; **if** the vessels are **emptied of self**, and **prepared to receive the holy oil, light will be shed** on the sinners path to some purpose. {6T p.116.1}

"Our question each day should be: 'Lord, what wilt thou have me to do this day?' Each consecrated vessel will daily have the holy oil emptied into it to be emptied out into other vessels. {6T p.116.2}

"There must be an **interchange** of taking in and giving out, **receiving and imparting.**" {6T p.116}

"The impartation of the Spirit is the impartation of the life of Christ." {DA p.805.3}

THE LAMPSTAND – represents the Holy Spirit filling our life

The seven branched candlestick, fed by the oil, was never to go out.

- We are **all lampstands**, the **light comes from sacred fire**.
- We are **chosen containers** to hold the Holy Spirit
- Only after the first 3 steps can we be filled with oil.
- The **amount of Holy Spirit** we receive **is determined by how empty we are of self and sin**.
- We must comply with the conditions – be **empty vessel** – prepared to be filled

Totally submit and dedicate all to God.

- **Discuss everything with Him**
- Ask to be **directed this day** and every day of our life
- Trust Him fully. **Ask for His light**, that His **agape love** flows into you
- Remember, the disciples were told that **this was essential for their work**

Ask to be filled with the fullness of God (infilling of Holy Spirit) (Luke 11:13)

- **Write down any text, idea or truth** He may give you – you may forget
- Jesus was **woken** to be taught and was given words to speak to the weary (Isa 50:4)
- **Ask to be given the right words to say**, especially when needed

Read Isaiah 11:1-5, the Spirit rested on Jesus.

Ask to be filled (like Jesus) with 7 aspects of the Holy Spirit

- Wisdom, understanding, Spirit of counsel, power, knowledge, fear of the Lord (reverent submission), righteous judgment

Pray that God make the fruit of the Spirit visible in my life. Gal 5:22,23

- Make me a channel of Your
love, joy, peace, longsuffering, gentleness goodness, faith, meekness, temperance

Ask that God endows His church (you) with any of the gifts of the Spirit
Rom 12:3-8; 1 Cor 12:1-11; Eph 4:7-13, eg **healing, teaching, ministering**

Pray that God keeps your feet firmly on the right path

- That He lights up the way so your feet do not stumble and get caught up in **error**
- Walking in the light means **progression**, step by step, it does not mean stopping.
- We **do not dwell in darkness** (very easy to do, choose to be cheerful, hopeful)

Pray that we become channels of light – to guide fellow pilgrims who are in darkness, our light must be given on to others

- Ask Him to **send someone to share your light with**
- Holy Spirit **is given to serve God and mankind**
- May our lamps reflect the **brightness of Jesus**, accept the **grace of Christ**
- May our **lamps be trimmed and ready for the infilling of the oil**.
- Our task is to keep our **vessels clean**, to be **anointed with heavenly eyesalve**
- Holy Spirit is given to **serve God and mankind**
- Pray to be **completely filled with the power of the Early and Latter Rain**

Divine light will **reveal to us our littleness**, and the incompetence of human ability GW 255

STEP #5 - The table of shewbread represented the body and blood of Christ

taken into the life for the strength of mind, body, spirit, and character that comes only from a living relationship with Christ. The shewbread was renewed every Sabbath, just as we are renewed on Sabbath by rest and communion with Christ and our brothers and sisters during worship, etc.

Luke 22:30 - We will eat and drink at His table.

1 Cor. 10:17 - We are partakers of Christ.

1 Cor. 11:24, 25 - Christ's body was broken for us.

Heb.7:25 - He ever liveth to make intercession for us.

Matt. 6:11 - "Give us this day our daily bread"

John 6:51 - He is the living bread.

John 6:47-58, 63 - Eat and drink Christ through His word.

Ps. 68:35 - Out of the "holy places" the God of Israel gives strength and power. Also see: Ps. 18:32; 27:1, 5; 28:7,8; 29:11; Isa. 40:25-31.

Ps. 103:3 - The Lord heals our diseases.

Deut. 8:18 - The Lord gives power to get wealth.

Ps. 54:4 - "Surely God is my 'help: the Lord is the One who sustains me."

The question is asked: What is the cause of the dearth in the church? The answer is: We **allow our minds to be drawn away from the word. If the word of God were eaten as the food for the soul**, if it were treated with respect and deference, there would be no necessity for the many and repeated testimonies that are borne. The simple declarations of Scripture would be received and acted upon. {6T 392.3}

Its living principles are as the leaves of the tree of life for the healing of the nations. 6T 393.1

The word of the living God **is not merely written, but spoken**. The Bible **is God's voice speaking to us, just as surely as though we could hear it with our ears**. If we realized this, with what awe would we open God's word, and with what earnestness would we search its precepts! The reading and contemplation of **the Scriptures would be regarded as an audience with the Infinite One**. {6T 393.2}

In order to be purified and to remain pure, Seventh-day Adventists **must** have the Holy Spirit **in their hearts and in their homes**. The Lord has given me light that when the Israel of today **humble themselves before Him, and cleanse the soul-temple from all defilement**, He **will hear their prayers in behalf of the sick and will bless in the use of His remedies for disease**. When in faith the human agent **does all he can to combat disease**, using the **simple methods of treatment** that God has provided, **his efforts will be blessed of God**. {9T 164.1}

All who consecrate soul, body, and spirit to God will be constantly receiving a new endowment of **physical and mental power**. The inexhaustible supplies of heaven are at their command. Christ gives them the breath of His own spirit, the life of His own life. The Holy Spirit puts forth its highest energies to work in heart and mind. The grace of God **enlarges and multiplies their faculties**, and every perfection of the divine nature comes to their assistance in the **work of saving souls**. Through co-operation with Christ they are complete in Him, and in **their human weakness they are enabled to do the deeds of Omnipotence**. {DA 827.3}

THE TABLE OF SHEWBREAD – we learn of His character

John 6:34,35 51,63

The golden table held 12 loaves of unleavened bread that were replaced with fresh loaves each Sabbath.

There is a table set for us here on this earth.

- As our physical bodies are strengthened and nourished by what we eat, the Bread of Life **gives strength, nourishment and power to our spiritual lives.**
- **If we eat good physical food, we will be healthy** – if we eat poor quality food, our health will suffer. So too with the spiritual.
- We need to **taste and see that the Lord is good.**
- As we eat **we become partakers of His divine nature** – His attributes become ours. We grow and mature into His likeness. (“By beholding we become changed”)

Eating His words, contemplating and accepting His character prepares us for service and sacrifice. We want to be like Him.

- We **connect** with Jesus by **comparing our life with His**
- **We ask Him what He went through when He was on earth**
- **We pray and ask Him to download His character into us**, especially in those area that we confessed at the altar e.g. **how did He feel when He felt rejected, deserted, not understood by family (and others), alone?**
- We **receive bread** from Him so we can **impart it to others** – we minister
- As we **continue to impart**, we continue **to receive more.**

Eating His bread means feeding on His words, gaining Bible knowledge

- They prepare us **for trials, troubles, challenges, sorrows, joys, for the work He wants us to do that day**, etc, by **strengthening our faith.**
 - **trials** teach us **penitence and humiliation.**

Lay all our plans for the day to be directed by Him, where to go, what to do.

- In everything we say and do, we need to **reflect His image**
 - our **words, our facial** expression must be Christlike
 - ask to grow into **His likeness** (we need His image continually before us)

Ask God for a deep spiritual hunger and thirst for His Word. (Not spiritually sick)

- We **claim Bible promises** 2 Peter 1:4
- We **eat His words, spend time studying** – we are what we feed on

Thank God for the table He has prepared for us in the presence of my **enemies.**

- These enemies do not just have to be human enemies, but can be enemies such as **fear, loneliness, resentment, complaining, being annoyed** etc.
- We may not have obvious problems such as a hot temper, but we so easily complain or whine about circumstance, busy, tired, weather etc
- These **trials are an opportunity to develop, strengthen and live our faith.**

Remind God we are wearing His complete armour. No darts can penetrate

Eph 6:13-18 the belt of truth, the breastplate of righteousness, shoes of the gospel of peace, the shield of faith, the helmet of salvation, and the sword of the Spirit which is the Word of God

I am now ready to work, and **my first work is a work of intercession.**

STEP #6 - The altar of incense was the place of communication between God and His people in the person of the priest who represented them.

Through Christ, each child of God can now come boldly to the throne of grace and find grace to help in time of need (Heb. 4:16). At this point in our prayer, we are emptied of self, covered by the righteousness of Christ, imbued and assisted by the Holy Spirit (Rom. 8:26, 27), and strengthened by the word. Our requests and intercessory prayers for ourselves and others can be laid before the Lord with power and with full assurance of faith that they will be answered according to the will of the Lord. Just as the priests of old were not to bring "strange fire" to the altar, so we should not come before God without confession of sin and preparation of heart. The fire was always to be taken from coals off the altar of sacrifice, which was lit by God Himself. And when we present our requests before God with hearts glowing with the love and fervour that only He can give us, we can be sure that our requests will be honoured by heaven.

Exod. 25:22; 30:6 - God promises to commune with us at the altar of incense.

Rev. 8:3, 4 - Incense represents the prayers of the saints.

Ps. 141:2 - "Let my prayer be as incense."

Numb. 16:46, 47 - Aaron put on incense and fire off the altar and made atonement for Israel which stopped the plague.

Isa. 1:11-20 - God does not want us to come and offer sacrifices and incense (prayers) if we are living in wilful, cherished sin, for he will not hear us.

Matt. 7:3-5 - Before we can effectively intercede for others, we should confess our own sins.

2 Chron. 16:9 - The eyes of the Lord run to and fro in the earth to show Himself strong in behalf of those whose hearts are perfect toward Him.

Isa. 59: 15, 16; 63:5 - God looks for intercessors when sin is unchecked.

1 Sam. 12:23 - At least in some cases, failing to pray for others may be considered a sin.

James 5:13-20 - The prayers of God's people have healing power in the lives of others.

1 John 5: 14-16 - When a brother sins, we can pray that God will give him life.

"It is a part of God's plan to grant us, in answer to the prayer of faith, that which He would not bestow if we did not thus ask." {GC p.525.2}

"Ministering angels are waiting about the throne to instantly obey the mandate of Jesus Christ to **answer every prayer offered in earnest, living faith,**" {2SM p.377.1}

"We must become co-workers with Christ if we would see our efforts crowned with success. **We must weep as He wept for those who will not weep for themselves, and plead as He pleaded for those who will not plead for themselves.**" {1SM p.118.2}

"As we see souls out of Christ, we are to put ourselves in their place, **and in their behalf feel repentance before God, resting not until we bring them to repentance.** If we **do everything we can for them, and yet they do not repent, the sin lies at their door;** but we are **still to feel sorrow of heart because of their condition, showing them how to repent, and trying to lead them step by step to Jesus Christ.**" {7BC p.960.2}

All who will go to work, trusting not in what they themselves can do, but in what God can do for and through them, will certainly realize the fulfillment of His promise....The prayer of the humble suppliant **He presents as His own desire in that soul's behalf.... in every difficulty we are to see a call to prayer.** DA 667.4

THE ALTAR OF INTERCESSION

This altar represents the continual intercession of Jesus in heaven, pleading for his people. We need to learn to continually intercede for others.

- **No common fire** is used... but hearts that are glowing with the **love and fervour** that only God can give. Our hearts have been emptied of self and are cleansed

Jesus is serving in the heavenly sanctuary and there He receives the sincere prayers of the contrite. We must intercede for the salvation of others.

- His sinless life, His death, His resurrection - the reason our feeble prayers are lifted to heaven. They are as sweet incense to Him
- This is the way to access the power He wants to give us.
- **In your imagination**, see yourself standing before this altar with **Christ** by your side, **imagine your prayers being taken to heaven, to the very presence of God himself**. God listens to these prayers, **not because of any goodness in us, but because they are offered to the Father by His Beloved Son**

Pray for certain people, e.g. family, friends, neighbours, unsaved

- We are responsible for these, both to **represent God to them, and to intercede in prayer** for them. **Intercession breaks Satan's power**
- God never forces anyone, **each person is free to choose to follow or resist Him**.
- Some **need daily prayer**
- If your list gets too long, divide the names up by 7, for each day of the week.
- Pray for other **Christians**, those who **persecute us, the heathen, rulers, those who don't like us, people we meet, governments, countries etc.**
- Before Saul's conversion, he hunted Christians, but **someone prayed for him**.
- **Ask God to place people's names in your mind** that He wants you to pray for.

God will place circumstances and events in our life we need to pray about

- There is **so much happening in the world** around us – **decisions** must be made
- Tell Him that you **no longer want to have a weak prayer life**, be focussed
- Satan will work very hard **to stop us from interceding** – in many different ways
- **We must know** how to bind the powers of Satan, **our enemy is powerful**
- **We will need a living faith that relies on the Father just like Jesus did**

It is impossible to pray effectively for someone you have not forgiven, look down on, or who is unimportant to you.

- It is **imperative we forgive and love people** and **don't hold grudges**.
- **We are forgiven only as we forgive others** (The Lord's Prayer)
- we **must reconcile any differences** Matt 5:23,24

Come under His wings, need His protection in a greater way than ever before

- **Ask God to make prayer as natural to you as breathing**
- Ask for a **desire to work for Him, enlarge your ministry, lead you to sinners**
- **Don't lose sight of what God us to do – to work for others**
- **We are to reflect His glory to everyone – to be His witnesses**

“God could have reached His object in saving sinners without our aid, but in order for us to develop a character like Christ's, **we must share in His work**. . In order to enter into His joy,--the joy of seeing souls redeemed by His sacrifice,--**we must participate in His labors for their redemption.**” DA 142

STEP #7- the Ark of God where God weighs our characters to see if they are in harmony with His holy law. If we have taken steps 1-6, we have nothing to fear, for we are in Christ and there is no condemnation, for we are forgiven by His blood and covered by His righteousness. But we need to participate with God as He shines light on our motives, and all the secrets of our hearts, for only thus can He cleanse and purify us completely. **Judgment is participating with God in searching for deep inner motives and roots of sin, and sins of ignorance which also must be revealed and cleansed by the blood of Jesus.**

Heb 6:19 - Our faith must pierce beyond the veil

Lev. 16:16, 30 - The Day of Atonement was to cleanse both the sanctuary and the people of their sins.

Jer. 17:1 - Sin is graven upon the table of the heart as well as the horns of the altar.

Jer. 17:9,10 - The heart is deceitful and wicked - who can know it? The Lord searches the heart and tries the reins, to give every man according to his fruit.

Ps. 11:4, 5 - From His throne, His holy temple, the Lord tries the righteous.

Ps. 26:1-3 - 'Judge me, examine me, prove me, try my reins and my heart.'

Ezek. 36:25-27 - When the Lord cleanses us, He gives us a new heart and a new spirit and causes us to walk in His statutes and judgments.

Isa. 4:3, 4 - God's people are cleansed by judgment.

Isa. 1:27 - God's people are redeemed with judgment.

Ps. 51:1-7 - Cleansing and blotting out of sin requires knowledge and confession (vv. 3, 4) and truth and wisdom in our inner, hidden parts (v.6).

Ps. 19:12 - Cleanse thou me from secret faults. Who can understand his errors?

Ezek. 18:30-32 - The purpose of God's Judgments is to make our sins known to us so we can repent, cast our sins away from us (through Jesus' blood), and have a new heart and spirit.

Ezek.20:11 - God shows us His Judgments so we can do them and live.

Hos. 6:5 - God's judgments are as a light.

1 Cor. 11:31, 32 - We have a part to play in the judgment by examining ourselves.

1 Cor. 4:4, 5 - God's judgments will bring to light the hidden things and make manifest the counsels of the hearts and this will cause us to praise Him.

Eccles. 12:14 - Every secret thing is brought out in the judgment.

Ps. 119:11, 18, 34, 35 - The law in the heart keeps us from sin and gives us understanding.

Heb. 8:10-12; 10:15-17; 2 Cor. 3:3 - The Holy Spirit writes the new covenant on the heart.

Heb 9:14; 10:2, 14-22 - When we permit Christ to do His complete work His blood and ministry purges our consciences from sin.

Col. 3:3 - If we are dead to sin and risen with Christ, we seek those things which are above - then our lives are hid with Christ in God.

Ps. 17:8 - We are to hide under the shadow of His wings.

Ps 27:5 - In the time of trouble He shall hide me in His secret of His tabernacle.

Isa. 26:20, 21 - We will hide until the indignation is overpast.

Rev. 18:4 - The loud cry is a call to come out of the errors of Babylon into the protection of the true sanctuary of God before the plagues fall.

Ps. 91:1-9 - God is our refuge and fortress during the plagues.

"If the tempted soul endures the trying process, and **self does not awake to life to feel hurt and abused under the test**, that probing knife reveals that the soul is **indeed dead to self**, but **alive unto God.**" {5BC p.1152.3}

"The eye is the sensitive conscience, the inner light, of the mind. Upon its correct view of things the spiritual healthfulness of the whole soul and being depends. The 'eyesalve,' the word of God, makes the conscience smart under its applications; for **it convicts of sin**. But the **smarting is necessary** that the **healing** may follow, and the eye be single to the glory of God. The sinner, beholding himself in God's great moral looking glass, sees himself as God views him, and exercises repentance toward God and faith toward our Lord Jesus Christ...." 7BC p.965

"**Our acts, our words, even our most secret motives**, all have their weight in deciding our destiny for weal or woe." {GC p.486.3}

"God's law looks into the **secrets of the heart**. **Every act is judged by the motives** that prompt it." {COL p.316.2}

"The tops have been cut down, but **the roots have never been eradicated**, and they still bear their unholy fruit to **poison the judgment, pervert the perceptions, and blind the understanding**...When, by thorough confession you **destroy the root of bitterness**, you will see light in God's light. **Without this thorough work you will never clear your souls.**" {LS p.326.1}

"The work of **restoration can never be thorough unless the roots of evil are reached**. Again and again the shoots have been clipped, while the root of bitterness has been left to spring up and defile many; but the **very depth of the hidden evil must be reached**, the moral senses must be **judged, and judged again**, in the **light of the divine presence**. The daily life will testify whether or not the work is genuine.... {5BC p.1152.1}

"God's law **reaches the feelings and motives**, as well as the outward acts. It reveals the **secrets of the heart, flashing light upon things before buried in darkness**. God **knows every thought, every purpose, every plan, every motive**. The books of **heaven record the sins that would have been committed had there been opportunity**. God will bring **every word** into judgment, with **every secret thing**. By His law He measures the character of every man. As the artist transfers to the canvas the features of the face, so the features of each individual character are transferred to the books of heaven. God has a **perfect photograph** of every man's character, and this photograph He compares with His law. **He reveals to man the defects that mar his life, and calls upon him to repent and turn from sin.**" {5BC p.1085.4}

"It may take time to attain to perfect submission to God's will, but **we can never stop short of it and be fitted for heaven.**" {3T p.538.2}

"But before that time [the second coming] **everything that is imperfect** will have been seen and put away. **All envy and jealousy and evil surmising and every selfish plan will have been banished from the life.**" 3SM p.427.1}

"**Every sin** acknowledged before God with a contrite heart He will remove." {7BC p.970.14}

"Each one in the day of Investigative Judgment will stand in character as he really is; he will render an individual account to God. **Every word uttered, every departure from integrity, every action that sullies the soul, will be weighed in the balances of the sanctuary**. Memory will be true and vivid in condemnation of the guilty one, who in that day is found wanting. The mind will recall all the **thoughts and actions** of the past; the whole life will come in review like the scenes in a panorama." RH Nov. 4, 1884

MOST HOLY PLACE – represents cleansing of the subconscious mind

One day a year, on the Day of Atonement, the High Priest entered this room to symbolically remove the sins that had been transferred to the sanctuary through the ministry of the priests during the past year.

- The Day of Atonement was a day of **reckoning, a day of judgment.**

This is the scene where we come before the just and merciful Judge.

- His greatest desire is to save us and will do anything in His power to do this.

We have been forgiven from known sins, but what about those sins hidden from our knowledge? We realize something is still there deep within us stopping us from having victory. Often we don't even know what it is.

- **He is searching all our hearts and lives**, he wants us to pass the scrutiny of the judgment. **He wants to show me everything** what is written in **my heavenly books**. He want to show me **what my records contain**, so I can then repent
- Then **He can remove my sins from the books**. Even **sinful tendencies** that I **was born with**, those my parents had given me at birth, **can be eliminated**.
- Remember: if we have taken steps 1-6, we have nothing to fear.

Our work is to examine ourselves to see if we measure up to God's word.

- He wants us to dig down to our **motives, attitudes, any roots of bitterness (see list)**, both **inherited and cultivated**, that are still there.
- Ask Him where our **sinful patterns** come from. **Then listen for an answer.**
- Have you ever wondered why you get **angry, annoyed, fearful, impatient**, or put off doing things etc. – where did the root of these sins come from?
- **Teach me what I am really like** – and then **give me the desire**, the **understanding** and **grace to change, then strengthen me help others.**
- Give me **Christlike love.....** to be **like Jesus....** to **pray like Jesus**
- **Trials and suffering will prepare and strengthen us** for what's ahead

Remind Jesus that you want to be part of the people who will reveal His glory to the universe, filled with the Latter Rain, give the Loud Cry and live with Him throughout eternity.

- Ask Jesus to write **law** on my heart, to be in **complete agreement with God.**
- Ask for power to keep His **commandments** and laws (including health laws)

He cares for every one of us and wants the best for us

- The **manna** in the Ark reminds me of how He **fed** the Children of Israel for years
- The **rod** that budded reminds me how He **uses discipline** to bring us to where we are now in our Christian experience.
- He can **change dry bones, dry sticks, hearts made out of stone.**

He wants us to hear and obey His voice

“Whether you turn to the right or to the left, your ears will hear a voice behind you say, ‘this is the way, walk ye in it’” Isa 30:21; “My sheep hear My voice...they know...follow Me” Jn 10:27

- **We must be able to hear His voice speaking to us individually.**
- **Have a faith that trusts Him completely, no matter what happens to us.**

Lord, cleanse my heart from defilement and the stain of sin – from earthly desires, from selfish lusts and from the evil habits that corrupt the soul.

- Invite God to **walk with you throughout** the day.
- Through the power of **Your grace**, make me a dwelling place.
- Lord I want to **live Christ’s character**. I want to rest under His wings.
- It is through this **continual connection** with God that prepares us to be **sealed**
- We are now one with God, and He can use us **to minister** to those around us
- **God’s Spirit can flow through the gifts He gives us**
- **He has so much power He wants to give us** – but we need to be prepared
- Our **thoughts and feelings must come into complete agreement with Him**
- It is by **this cleansing** that we are **permanently sealed, filled** with the **Latter Rain**, we put on the **robe of His righteousness** – perfect obedience to His law
- **In this MHP with Jesus – this is our hiding place in the Time of Trouble**

You may close with the Lord’s Prayer, text, SOP quote or song.

“From eternal ages it was God's purpose that every created being, from the bright and holy seraph to man, should be a temple for the indwelling of the Creator.” DA 161

They need to become acquainted with the particular motives which prompt particular actions. Every action of their lives is judged, not by the external appearance, but from the motive which dictated the action. {3T 506.3}

Roots of Bitterness - use God’s power to cut out all of these by the roots See Hebrews 12:14,15

God wants to cleanse us so we don’t have one of these in our lives, but also that we don’t react when they are in someone else and they are directed towards us. If there are more roots of bitterness you find, add them to this list. This list will just get you started. It will take time to do all this. Some spend an hour with God every day. Remember, it is a process, if done correctly you will see improvement in a short time. But that does not mean we will ever arrive. Our part is to ask God to search our hearts every single day as long as we live, to see if there is more roots there that needs confessing and cleansing. Remember, if a tiny part of a root is left it will reshoot. They need to be completely eliminated, and this can be done by going through all the steps in the Sanctuary prayer.

A need to be always right	Constantly late	Greedy/ungenerous	Mean spirited	Some inheritances
Accusing	Covetousness	Harsh spirit	Murmuring	Sore loser
Alienation	Critical	Hatred	Name dropper	Spins the truth
Anger	Defensive	Holds grudges	Neglect duties	Strife
Annoyed	Discontent	Hyper-competitive	Obsessed with appearances	Stubborn
Anxiety	Discord	Impatience	Opinionated	Suspicious
Apathy	Disloyal	Independence	Please ourselves	Talebearing
Appetite	Dismissive	Indignation	Prejudice	Talking about successes
Arrogance	Disrespect	Ingratitude to God	Presumption	Talking of others faults
Bitterness	Dissatisfaction	Insecurity	Pride	Temper
Blackening characters	Dissension	Interrupts conversations	Procrastination	Unbelief
Blaming others	Empty conversations	Irritated	Quarrelsome	Unforgiveness
Boasting	Emulation	Jelalousies	Rebellion	Unkind thoughts
Bossiness	Envy	Jesting and joking	Resentful	Unkindness
Can’t take any criticism	Evil speaking	Judgmental	Ridicule others	Unpredictable
Can’t take compliments	Evil surmisings	Justify mistakes	Self defence	Vanity
Childish	Fashion	Laziness	Self reliance	Variance
Clinging to idols	Faultfinding	Love of money	Self righteous	Vindictive
Clingy	Fear	Love of the world	Self-compacency	Wants life of ease
Coldness	Feeling superior	Love our own way	Self-esteem	Wants things done my way
Combative spirit	Feeling worthless	Lust	Self-exultation	Wastes lots of time
Comparing self to others	Feelings of rejection	Lying	Selfishness	White lies
Complaining	Feelings of stupidity	Magnifying wrongs	Self-pity	Workaholic
Condemning	Frustration	Malice	Self-sufficient	
Confrontational	Gloating winner	Manipulative	Sexual lust/sins	
	Gluttony/overeating	Material things	Sleepiness	
	Gossiping			

SUMMARY

Not everyone will attain to this standard

- Many will be laid to rest **before they have total victory**
- **But they are saved if they have surrendered their hearts and have started this cleansing process – they are part of the great multitude**
- **But God needs a cleansed people to finish the work – called 144,000**
- **We are told to strive to be among these people – He will be formed within**

We can cooperate with God by, as we learn to pray every day, by going through the steps the earthly priest took in their sanctuary work.

1. Praise God as we enter His courts by faith.
2. Repentance, confession and forgiveness at the bronze altar – represents cross
3. Cleansing and daily renewal at the laver of baptism.
4. Outpouring of the Holy Spirit for our daily needs at the lampstand.
5. Strength and daily sustenance at the table of the bread of His presence.
6. We learn to intercede at the altar of incense.
7. In the Most Holy Place, our subconscious is cleansed from wrong motives, attitude and root of sins, both inherited and cultivated, He writes His law in our hearts.

Don't expect it to be easy – it is never easy to overcome self.

- God will **use trials to break up our old nature** – family, people, financial
- We are like **feeble plants** in a garden that need constant **weeding** and **pruning**
- May each one of us be among the people who are prepared to meet Him.

Thorough self-examination

Many neglect to look at themselves in the mirror which reveals the defects in the character; therefore deformity and sin exist, and are apparent to others, if not understood by those who are in fault. The hateful sin of selfishness exists to a great degree, even in some who profess to be devoted to the work of God. If they would compare their character with His requirements, especially with the great standard, God's holy law, they would ascertain, if earnest, honest searchers, that they are fearfully wanting. But some are not willing to look far enough or deep enough to see the depravity of their own hearts. They are wanting in very many respects, yet they remain in willing ignorance of their guilt. {GW 275.4}

James 5:16 Confess [your] faults to one another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

When one **turns away from human imperfections to behold Jesus**, a **divine transformation** takes place in the character. The Spirit of Christ working upon the heart conforms it to His image. {COL 250.3}

When Peter said he would follow his Lord to prison and to death, he meant it, every word of it; but he did not know himself. Hidden in his heart were **elements of evil** that circumstances would fan into life. Unless he was made conscious of his danger, these would prove his eternal ruin. The Saviour saw in him a ¹**self-love** and ²**assurance** that would overbear even his love for Christ. Much of ³**infirmity**, of ⁴**unmortified sin**, ⁵**carelessness of spirit**, ⁶**unsanctified temper**, ⁷**heedlessness in entering into temptation**, had been revealed in his experience. Christ's solemn warning was a call to heart searching. Peter needed to distrust himself, and to have a deeper faith in Christ. {DA 673.3} (*Note the 7 elements of evil that Peter possessed are not in our lives*)